

# The Owl's Journal

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## Animal Wisdom

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## Healing Our Animals - A Workshop - The Owl's Way

I have spent 24 years practicing energy work including Polarity Therapy, Reiki and many other treatment methods. Through the years and the distillation of these modalities, I have created a blend of techniques that are simple enough for anyone to learn and yet can be very powerful. This is a class for people who want information to help their own animals,

family and friends.

If you would like to learn The Owl's Way of balancing and restoring health then please come join me. In this class you will learn the "secrets" of energy work and how to move in different dimensions to help your animal. The methods you learn can be used to relieve aches and pains; bring comfort during times of transi-

tion; maintain overall health; reduce anxiety; soothe trauma, and create a deeper connection.

Healing Our Animals will be held June 23, 9am-3pm in Bernalillo, NM. Register by May 31st for the discounted price of \$125, thereafter \$150. For more information call 505-577-6207

No experience necessary. Bring good humor and the willingness to think outside of the box .

## Dangerous Beauties

Did you know that if a cat bites into a lily it could die? Thanks to Shirley E. in Florida, who sent me an article from the St. Pete Times written by Theresa Blackwell, I have learned something very important which I wish to pass on.

In Blackwell's article she wrote of a woman who received a beautiful bouquet of flowers for her birthday. Within the bouquet was a lily. The woman's cat, Simba, took a bite of it and started to throw up. After calling the American Society for the Prevention of Cruelty to Animals, she was told to take her cat immediately to the vet. Two days and \$700 later, Simba went home. She was a lucky cat.

The majority of lilies are poisonous to cats. This includes, but may not be limited to: Easter lilies, tiger lilies, and day lilies. These plants can be deadly to a cat



if the feline is not treated immediately. A cat who has taken a taste of a lily will begin to vomit within

a day and then it progresses into kidney failure. Cats have died from this type of poisoning.

The people at the ASPCA say this is a problem specific to cats. They have yet to see any signs of poisoning with dogs or other animals.

Simba's owner returned to the florist where the bouquet with the dangerous lily originated. She informed them of the harmful effects and her cat's experience. The florists, being animal lovers, immediately began to send warning cards with the lilies they distributed. They also asked that Teleflora

wire service notify their florists nationwide.

The dangers of lilies should not stop people from enjoying them. When you receive flowers and there is a lily in it, simply place the bouquet out of reach from your cat. Or if that is impossible simply take the lily out of the bouquet and dispose of it safely.

Having read this article, if you would like to help keep cats safe, go to your local florist and tell them about the dangers of lilies and ask them if they would be willing to send a warning card with bouquets that include lilies. Also, please tell all your friends and family who have cats about this danger. It is not something we think of too often, but if a seed is planted, it could save a life.

## Horses Have Feelings, Too

CC is a beautiful horse who lives happily in a stable with six other horses. She loves her owners and has a good life. Then one day her legs started to hurt and she started to buck when they tried to ride her. I was called in for a consultation.

Clair, the woman who works with CC told me how the owners were thinking about selling her. They had recently bought another horse and now there wasn't enough room in the barn for CC. When I checked in with CC I was struck by a huge wave of grief and started to cry. It was as though CC placed her heart in mine. Tears are not very professional,

but I couldn't help it. CC's feelings were so overwhelming because she didn't want to leave her home and friends. She was very hurt by and angry at the people who wanted to replace her. In her own defense, she started to exhibit leg pain and acted out. It was her way of retaliating.

To many, horses are a business. It is not within my power to convince a person to keep their animal, although sometimes I try. What is most important is to help the animal accept what is going on and offer



solutions that all can work with. In talking with CC, we came up with a plan. She was going to call in her second most ideal situation. CC wanted a home with friends and a place where she could have a baby and keep it, too. She wanted to be the star in someone's heart. We talked how she could call it in and so it began. CC felt better and started to behave again. Her leg pain went away and things were good. Now, instead of being a victim, she had some say. When prospective buyers came by and she didn't like them she would act out. She's still waiting for that special person, and we both know she's coming.

## Dear Madison

*Why do dogs get scared of thunderstorms and what is the best way to deal with them?*

*Concerned in Texas*

Have you ever heard of Thunder Phobia? It's when your dog senses a thunderstorm coming and immediately starts to shake in terror. Some dogs may hide in the basement or a windowless bathroom. Some dogs may destroy the sofa as a means to distract themselves from the storm.

Thunderstorms can be terrifying to dogs. There are loud claps that shake the windows, rumbling sounds that make the floor feel like it's moving, and bright flashes that flare unpredictably. Not to mention all the electrical energy that is flying through the air bom-

barding your dog's senses. So what to do?

*Remain Calm.* Your calmness will help your dog.

*Don't coddle him.* If you rush home early to wrap your arms around the big guy to reassure him, he will be rewarded for his fearful behavior. Reassure him and give him one or two sincere pats. Then let him ride it out. This is a good way to help desensitize him to the experience.

*Try Flower Essences.* Rescue Remedy may do the trick. Put a few drops on your dog's tongue or in her water just prior to the storm. You can also try the flower essence *Thunderstorm* made especially for these occasions. You can order some from Energetic Essences Elixirs: 505.586.1607

*Give your dog a shirt.* Put a T-shirt on your dog with the tag facing the chest. This will help him feel safer.

*Call in a behaviorist.* Sometimes we all need a little extra help. They can create a plan to make things easier for all.

*Call a vet.* They can prescribe tranquilizers if need be.

*Research.* There is excellent information in the April 2000 and May 2000 issues of *The Whole Dog Journal*.

[www.whole-dog-journal.com](http://www.whole-dog-journal.com)

It is best to try one solution at a time to see what works. Also, if a solution doesn't appear to work the first time, don't give up. Some remedies have a cumulative effect.

**Thunderstorms  
can be wicked  
scary to dogs.**



## Life Changing

When I answer the phone, I never know what to expect. I once spoke with a woman who wanted real estate guidance from her cat. Another time, a man wanted stock tips from his dog. After sharing his dog's insights, they are apparently doing quite well in the market. I have spoken with a cat regarding prosperity strategies, and so it goes. I'm not a financial wiz and thus urge the person to take what their animal says and then trust their own heart. What is interesting is that every one follows the advise from their animal.

Recently, my partner and I

were introduced to a product from my accountant. It is a software program that when used with an advance line of credit will help us pay off our 30 year mortgage in 7 years and will save us over \$167,000 in interest. We were blown away and knew it was too good to be true. We then learned this is common practice in Australia and the UK.

Three years ago the concept was developed in the USA. After researching the company, which has the blessings of Dunn and Bradstreet and the Better Business Bureau, we plunged in. Instead of be-

ing in our 70's and 80's when our home is paid off, we'll be in our 50's. We can actually spend our retirement time doing fun things. This is a revolutionary program for people serious about getting out of debt and building wealth. If you want to know more, please call me. We are compelled to share this info with all our friends and family.

It is by Noah, my terrier's prompting, we share this info with you. Noah saw how the light went on and the weight of the world dropped off of us.

505.577.6207

## A Fish Tale

It was a drizzly day in up-state New York, when I found myself sitting under a willow tree on the edge of a large pond. After a few moments a small fish swam up to me. "Hello," he said.

"Hello," I responded. Our conversation ended, however, the fish stayed and stared at me until I cracked under the pressure, "What?"

"Don't you want to know?" the fish asked.

"Know what?"

"Come here, put your hand on the pond's surface," the fish swam to a spot closer to me so I would put my hand down on the water. "What's happening?" he asked.

"Ripples," I replied.

"Hold your hand steady."

"I am. There are still ripples."

"Very good. Now submerge your hand." I did as the fish told me. I placed my hand about three inches under the water. "What do you see?"

"The water is calm," I said. The pond returned to its mirror glaze.

"Bingo!" The fish wiggled his tail.

It was right about this time, I thought I was nuts for chatting with a fish, but since there was no one around, I figured it was okay. As I took my hand out of the water I asked, "and your point is..."

"Come on, work with me," the little fish slapped his tail. "What does it mean to you?"

I pondered for a moment.

Since my life has been about becoming one with the Universe, I looked in that direction. "Got it," I said to the fish. "If I submerge myself into Spirit, the water being the metaphor for spirit, then my life will be calm and serene." The fish smiled. "If I forget about my spiritual essence, I will experience ripples in my world."

"Bingo!" The fish said.

"How do you know the word, 'Bingo'?" I asked.

"Never you mind," responded the fish.

"Anyway, thank you for the visual. Hey, what's your name?" I asked. I knew I was sealing my Nut-hood with that question.

"See-more The Fish."

And so it goes, stay tuned for more teachings from



**See-more The Fish**

by Madison

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Do you have any stories or antidotes you would like to share with other like minded folks? Send them in and we can share them in The Owl's Journal.

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**Help for Pet Food Illness:** Ted Georges, M.D. sent this news: Homeopaths have been successfully using Lycopodium to halt and reverse kidney damage during this plague.  
*Thank you Beverly*



(Madison, Frodo and Noah)

Madison Owl, MA, is an Animal Communicator dedicated to bringing the truth of the animal to their human counterpart. Her ability to connect with the animal's spirit allows her to work with animals all over the country via telephone. Sessions are a minimum of 15 minutes and are \$2/minute. As a Quantum Energy Practitioner with over 20 years of experience, Madison's multi-dimensional energy work assists in the restoration of emotional, physical, mental and spiritual balance in animals and humans. Appointments are available for distance balancing. Please call for more information 505-577-6207.

## We Are Not Alone



*On behalf of the animals who have transitioned, they would like you to know how loved you are and how grateful they are to the time spent with you.*

Why do our animals leave? In the past month many of you have gone through the heart wrenching experience of having to release your animal, or experience the animal leaving on its own. Many of them transitioned due to old age, and many for a number of other reasons. The bottom line is that they are gone and a hole has been left in their absence.

It has been my experience that every single animal that transitions goes with great love in their heart. How can they not; they are divine beings. I also know that when they leave, many of them have already decided to come back. They

left on a temporary basis only so they could return in a new and improved body. How many of you have been told, "I'll be back," from your beloved canine or feline?

For those of you who never got a chance to say goodbye, it's not too late. They can hear you. They are right next to you. Close your eyes, reach out, and let their energy caress you. They are never gone. They're merely in a different state of being.

The nature of the Universe is that when there is death, birth is near. Look to see the gifts presented by your pets passing. They are

there and are many. It can be the gift of freedom; no longer do you need to fret or be concerned about your ailing animal. They are free, too. Maybe, it is their gift that you can now go on that journey you've always dreamt of, but could never leave because of your beloved companion. Now you can, and they can travel with you in spirit. Maybe, it's about receiving new life. A puppy or kitten that has been waiting for you. Look in their eyes, perhaps you will see a familiar sight.

Your animals are always near and always giving, how can they not be? They love you.